

SMILE ANALYSIS

PATIENT INSTRUCTIONS: Looking into a full face, close-up mirror, analyze your smile in two phases - slight smile and full smile.

TEETH

YES NO In a slight smile, with your lips slightly parted, do the tips of your front teeth show?

YES NO In a full smile, is there anything you do not like about your smile?
Explain:

Look at the two upper front teeth:

ARE THEY: slightly longer than the others, equal in length or shorter? (circle one answer)

YES NO Do any teeth look too long or too short?

YES NO Do any teeth look too pointed or too flat?

YES NO Do any teeth have a shape you do not like?

YES NO In a full smile, does the top lip rise above the necks of the teeth so that the gums show?

YES NO When you bite on your back teeth (when you swallow), do all the front teeth come into contact?

YES NO When you bite on your front teeth (biting a sandwich), do all the front teeth come into contact?

YES NO Are the upper front teeth straight (versus being crooked, overlapped, or protruding)?

YES NO Are the lower six front teeth straight?

YES NO Are the lower front teeth even in appearance?

YES NO Are the teeth of one color from top to bottom?

YES NO Do you like the color of your teeth?

.YES NO Is one front tooth darker than the rest?

YES NO Do the teeth contain any stains? (white or brown)

.YES NO Do the front teeth contain fillings that are not matched with other teeth so they are noticed?

YES NO In a full smile, sometimes the back teeth show. Are these teeth free of stains and discolorations?

YES NO Do the necks of any teeth have erosion (a ditched-in "V" appearance that can be seen or felt with the fingernail)?

GUMS

YES NO Are the gums pink and healthy-looking everywhere?_(versus red and swollen).

YES NO Have the gums receded from the necks of the teeth anywhere?

YES NO Is the curvature of the gum tissue good_around the teeth (half-moon shape)?

BREATH

YES NO Is your breath always pleasant?

YES NO Do you use mouthwash or some other treatment for bad breath?

YES NO Do you brush your tongue?

YES NO Do you have a problem with throat drainage or sinuses?

YES NO Is your mouth free from decay or gum disease that cause bad breath?

How frequently do you brush (and with what toothpaste and firmness of toothbrush)?

How frequently do you floss (and with what kind)?

SNORING

YES NO Does anyone tell you that you snore?

YES NO Does your snoring annoy anyone?

YES NO Does anyone tell you that you stop breathing while sleeping?